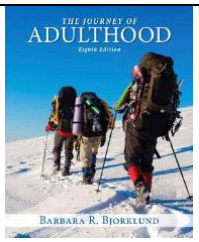
The Adult Journey Course Syllabus

MISSISSIPPI VALLEY STATE UNIVERSITY

Academic Term and Year	Fall 2022
Course Prefix and Number	OMP-310
Course Title	The Adult Journey
Days, Time and Location of Class Meeting	Online
Instructor's Contact Information	
Name:	Dr. Alvin L. Ward, II
Office Location:	Business Education Building, Room 306
Office Hours:	Mondays and Wednesdays: 9:00 AM – 10:00 AM 1:00 PM – 2:00 PM Tuesdays and Thursdays: 9:00 AM – 12:00 PM
Office Phone Number:	662-254-3608
E-Mail Address:	Canvas E-Mail
Course Prerequisites	None
Technology skills:	Basic computer skills, working within Windows system environment, navigating the internet, and familiarity with E-mail.
Course Description	This course is about real-world life experiences, real communication successes. It is about helping you to maneuver through your everyday lives and jobs. It is about communicating with others and how to handle customer's service issues.
Expected Student Learning Outcomes	At the end of this course students are expected to, 1. Have a general understanding of how personality and temperament impact communication. 2. Have a grasp of the history and development of temperament and personality theory from the readings. 3. Identify several different means of communication beyond verbal interaction and understand their potential impact... 4. Identify the three primary channels of communication. 5. Identify four categories of communication. 6. List the primary transmission channels
Course Requirements	
Required textbook(s):	The Journey of Adulthood 8th Edition by Dr. Barbara R. Bjorklund

	
Class attendance policy	Each student is required to participate using Canvas Communication Tools, taking online exams, and other aspects of Canvas. You are expected to log in regularly (**daily**, perhaps several times per day) to submit assignments, check grades, personal messages, and view course materials. Student(s) who fail to participate in the online course during a course week will be deemed absent for that week. The absence will be annotated as absent unexcused (AU), unless the instructor has been informed beforehand and deemed the absence as absent excused (AE). The instructor shall report all absences to the main campus as required. A student who has not participated for 7 consecutive days regardless if the absences were deemed AU or AE shall be recommended for administrative withdrawal to the main campus. The student is still annotated as AU or AE**. The online classroom shall be no different in this respect.** It is the instructor's sole discretion as to what he/she shall consider AU or AE.
Cheating and plagiarism policy	Cheating in any fashion will not be tolerated, including but not limited to plagiarizing another's words, work or ideas on individual class assignments. To address the situation of plagiarism, the University has implemented *Turnitin* to fight plagiarism and improve reading, writing, and research skills. *Turnitin* is a comprehensive plagiarism prevention system that lets faculty quickly and effectively check all students' work. Results are based on exhaustive searches of billions of pages from both current and archived instances on the Internet. Plagiarism will result in at least a failing grade for the assignment(s) and/or course.
Make-up policy	**Make-up Assignments/Exams** Make up maybe allowed, depending on the circumstances with an excuse. It is at the instructor's discretion.
Teaching/Learning Strategies	The primary instructional model for this course is collaborative learning. Specifically, the instructor will set course content, course objectives, and methods of classroom assessment. The course will incorporate the following instructional strategies: class discussion, online activities, assigned readings, and/or individual and group projects. Students are encouraged to actively participate in activities, ask questions, and contribute comments for discussion.

	Students are also encouraged to offer input regarding instructional strategies and assignments. Most importantly, students are expected to be active learners and to ask for clarification when they have questions. In order to be successful in the class, it is important that students, read the assigned material, and submit assignments and be prepared to discuss what they have read. The goal of this approach is to develop a safe learning environment that addresses a variety of learning styles, promotes critical thinking, and fosters creativity.
Submission of Work:	The first week begins the first day of the term. Scheduled assignments MUST be completed and successfully submitted through Canvas by due date and time unless otherwise indicated. Assignments automatically become unavailable after the due date/time expires. Students must access Canvas several times daily for any updates of assignments, tests, or discussions. All assignments MUST be keyed using MS Word or saved as a .DOC file, NOT a DOCX file. Do not submit any assignments via email; all assignments are to be submitted via specified module inside Canvas. Also, all discussions will take place in the discussion module. The discussion question/s will be posted. All Assignments are located in the Assignment Module. All Discussions are located in the Discussion Module. If an assignment or discussion is placed in the wrong area(s), it will be disregarded. Students are required to pursue chapter readings on their own and prepare for online discussions as well as tests. Failure to do so will harm final grade. Students are required to paraphrase their discussions as opposed to directly quoting from the textbook. Students are encouraged to participate in all discussions. Even though the discussions are for point(s), they can help in the end. Additionally, there are no make-ups for discussions. Once a discussion has been locked, students cannot post to it. Each main point must be developed in a separate paragraph. Finally, the conclusion should summarize the paper and perhaps offer suggestions/remarks. Students are encouraged to make note all points on your discussion for references back when writing reflection papers. Multiple submissions of discussions and assignments are allowed as long as the deadline has not passed, but students should make sure that they have time to devote to the assignment. CREDIT FOR DISCUSSIONS In order to receive credit for discussions, students must respond to the discussion question him/herself and then reply to at least 3 other classmates or the instructor in 25 words or more. THIS IS MAJOR! A simple “I agree” will not suffice as a discussion. Create a back up file of every piece of work you submit for grading. This will ensure that a computer glitch or a glitch in cyberspace won’t erase your efforts. Students should use email for private messages to the instructor and other students. You must identify yourself fully by name and class in all email sent to your instructor and/or

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<tr><td></td><td>other members of the class. The instructor will check email frequently and will respond to course-related questions in a timely manner.

Scheduled assignments MUST be completed and successfully submitted through the Canvas Assignment Tool (drop box) by due date and time. Assignments automatically become unavailable after the due date/time expires.

All assignments MUST be keyed using MS Word (saved as a .DOC file); and no multiple submissions will be allowed.

All assignments MUST be submitted using the appropriate software.</td></tr>
<tr><td>Course Drops/Incompletes:</td><td>Students not completing the course for any reason are required to submit official drop notices to the Registrar's Office prior to the deadline date. This is your responsibility. Failure to comply with the procedure WILL result in your receiving a letter grade of "F".
Not officially withdrawing from the university may impact your financial aid and result in you owing the university.</td></tr>
<tr><td>Online Communication Observation of "Netiquette":</td><td>Students MUST use Canvas mail for contact with the instructor and other members of the class.
All your Online communications should be composed with fairness, honesty and tact. What you put into an Online course reflects on your level of professionalism</td></tr>
<tr><td>Technology Infusion</td><td><u>Hardware</u>:

<table><tr><td>Operating System:</td><td>Windows 98, 2000, NT, XP or a Macintosh System 8.1 or higher</td></tr><tr><td>Processor:</td><td>200 MHz or higher</td></tr><tr><td>Memory:</td><td>32 MB of RAM</td></tr><tr><td>H Drive Space:</td><td>100 MB free disk space</td></tr><tr><td>Modem:</td><td>28.8 kbps or higher</td></tr><tr><td>Monitor:</td><td>800x600 resolution</td></tr></table>
<u>Software</u>:

<table><tr><td>Internet Access:</td><td>Any Internet Service Provider</td></tr><tr><td>Browser:</td><td>Internet Explorer, Netscape r 4.7 or higher*, AOL 5.0 or higher**</td></tr><tr><td>Application</td><td>Recommend Microsoft Word or application file name .doc</td></tr><tr><td>Audio & Video:</td><td>RealPlayer, Quick Time</td></tr></table></td></tr>
<tr><td>Technical Problems:</td><td>If you experience technical/computer difficulties (need help downloading browsers or plug-in, logging into your course, using your course web site tools, or experience errors or problems while in your online course), contact Canvas administrator at 662.254.3624.</td></tr>
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Evaluation	Access Canvas course at http://mvsu.Canvas.com or www.mvsu.edu click on Canvas for detailed instructions regarding assignments.

Grading Criteria		
A		90-100 pts
B		80-89pts
C		70-79 pts
D		60-69 pts
F		60 below

Assessments		Points
Discussion board post (10)		**10 ea.**
Personal reflection papers (4)		**100 each**
Assignments (2)		**100 each**
Final Reflection Paper		**100**
Total		**800pts**

As noted in the Syllabus, general participation in class discussions throughout the course counts as 5% of your overall course grade. This includes your required discussion posts, your responses to your classmates' required discussion posts, and your discussion of other course ideas and tasks. Both the degree and quality of your participation are assessed.

Rubric:

ADA Statement	Any student requiring accommodations or services due to a disability must contact the Office of the ADA Coordinator. The coordinator can be contacted directly at 662.254.3446 or through the University College office number at 662.254.3442. The student requiring special instructional strategies should, in writing, make these special needs known to the instructor during the first week of the course.

Course Outline: *subject to some changes depending on the needs and level of the class*

WEEKS	***TIME SPENT***	***ASSIGNMENTS***
Week 1	**450 Minutes**	**Student Bio**: In the discussion board, introduce yourself to your peers. Tell us your name, where you're from, your major, your age, and your career aspirations. – **Due Sunday, August 28, 2022 at 11:59 PM** (90 Minutes) **Read Chapter** 1 Introduction to Adult Development (90 Minutes) **Discussion #1:** Basic Concepts in Adult Development; (90 Minutes)

		Critical thinking (90 Minutes**)** : What are some of the stable themes of your life? How do you think these themes will be expressed 20 years from now? **Refection Paper #1 - Due Sunday, August 28, 2022 at 11:59 PM** (90 Minutes) This paper is about you and your Journey into Adulthood, based on the reading from chapter 1. Be sure to keep notes from your discussion your paper should be easy to write.
Week 2	**450 Minutes**	**Read Chapters** 2 Physical Changes (150 minutes) **Discussion #2**: (150 minutes) Outward appearance, weight and body composition. **Due Sunday, September 4, 2022 at 11:59 PM** **Reflection Paper #2 -** on this chapter reading physical change (150 minutes) **Due Sunday, September 4, 2022 at 11:59 PM** (How much Physical change has occurred to our bodies in the last 10 to 20 yrs. as it relates to skin, hair and or weight? Where do some of the people on the **"Ten Most Beautiful" Lists rank on the BMI scale?** **REMEMBER YOUR RESPONSE TO DISCUSSIONS SHOULD BE IN 25 WORDS OR MORE!** **Your notes that you keep from the discussions will play a very important role in you getting the reflection papers done, so don't forget to keep a Journal of information.**
Week 3	**450 Minutes**	**Read Chapter 3** (112.50 minutes): Health and Health Disorders **Reflection Paper #3** (112.50 minutes **Due Sunday, September 11, 2022 at 11:59 PM** **Discussion #3:** (112.50 minutes): Mobility Rate and cause of Death What are some of the major causes of death today as back 20 years ago in our young people? Which age group would you predict has the highest rate of acute short-term health problems such as colds and flu, College students

		Or their Parents?
Week 4	**450 Minutes**	**Read Chapters 4 Cognitive Abilities:** (150 minutes) **Discussion 4 (150 minutes):** Intelligence and age changes in overall intelligence Discuss intelligence and age changes in overall intelligence. Memory and short term working memory. How would you explain forgetting the name of an old friend? **Due Sunday, September 18, 2022 at 11:59 PM** **Reflection paper #4 (150 minutes) - Due Sunday, September 18, 2022 at 11:59 PM** (your paper is based on the reading for this week Chapter 4, remember this is about your Journey. Collect the important points from the different topics and "again" be sure to keep notes of the discussions that you have posted in this week's discussion Thread. Then write the paper from four notes and previous reflection papers.
Week 5	**450 Minutes**	**Read Chapters 10, 11, & 12 (150 minutes**) **Discussion 5 (150 minutes):** Discuss your opinions and feelings on all of the previous discussions. **Due Friday, September 23, 2022 at 11:59 PM** **Final Paper (150 minutes) - Due Friday, September 23, 2022 at 11:59 PM** This paper should be on your successful journey along with topics of the three chapter readings. You can bring information from other papers because all your papers have been about you and your journey since High School Graduation and your decision to come to college or back to:
TOTAL	**2,250 MINUTES**	

Comments	This syllabus is not a contract. It is only a guideline. The instructor reserves the right to make changes and additions to this syllabus at her/his discretion. If changes are necessitated during the term of the course, you will be notified of changes via Canvas mail.